WEEKLY LUNCH MENU Monday – Friday 12N00N – 2PM



	The Main Event – Meat Option	Veggie Option	Lighter Dishes
Monday	Beef Burger with Monterey Jack cheese red onion chutney served with fries & cheese sauce	Spicy Bean Burger with Monterey Jack cheese red onion chutney served with fries & cheese sauce	Homemade East Malling Sausage Roll Jacket Potato Served with a selection of Fillings Salad Bar
Tuesday	Chicken Kashmir Rogan Josh with mushroom rice naan bread poppadum & mango chutney	Sweet potato curry with mushroom rice naan bread poppadum & mango chutney	Homemade East Malling Sausage Roll Jacket Potato Served with a selection of Fillings Salad Bar
Wednesday	Roast Pork with roast potatoes, greens stuffing & cauliflower cheese	Nut Roast with roast potatoes, greens & stuffing with cauliflower cheese	Homemade East Malling Sausage Roll Jacket Potato Served with a selection of Fillings Salad Bar
Thursday	Sticky Sweet Chilli Chinese chicken strips in a Bao bun with pickled red cabbage & Vegetable Spring Roll	Sticky Sweet Chilli Tofu strips in a Bao bun with pickled red cabbage & Vegetable Spring Roll	Homemade East Malling Sausage Roll Jacket Potato Served with a selection of Fillings Salad Bar
Friday	Catch of the day chunky chips, Baked Beans or mushy peas, tartare sauce	Battered Halloumi Chunky Chips, Baked Beans or Mushy Peas, tartare sauce	Homemade East Malling Sausage Roll Jacket Potato Served with a selection of Fillings Salad Bar

LUNCH MENU 12NDON – 2PM



HOT DISHES

Beef Burger with Monterey Jack cheese red onion chutney served with fries & cheese sauce	£7.50	Selection Toasties p counter fo
884 Kcal		
764 Kcal Spicy Bean Burger with Monterey Jack cheese red onion chutney served with fries & cheese sauce	£7.50	SALAD BA Selection of please ask for more d
Jacket Potato Served with Butter & Leaf Salad 436 Kcal	£4.30	ADD PROTI
Served with One Filling	£5.30	Chargrilled
Served with Two Fillings	£6.20	Tuna Mayo
Ç		
Served with Three Fillings Filling Options:	£7.10	
Cheddar Cheese 158 Kcal		
Baked Beans 64 Kcal		
Tuna Mayo 250 Kcal		
Coleslaw 87 Kcal		

SANDWICHES/TOASTIES

Selection of Sandwiches & Toasties please ask at the counter for more details	
SALAD BAR Selection of salads, please ask at the counter for more details	£5.00
ADD PROTEIN	
Chargrilled Chicken	£1.50
Tuna Mayo	£1.50

LUNCH MENU 12NDON – 2PM



HOT DISHES

Chicken Kashmir Rogan Josh with mushroom rice naan bread poppadum & mango chutney	£7.50
Sweet potato curry with mushroom rice naan bread poppadum & mango chutney	£7.50
Jacket Potato	£4.30
Served with Butter & Leaf Salad	
436 Kcal	
Served with One Filling	£5.30
Served with Two Fillings	£6.20
Served with Three Fillings	£7.10
Filling Options:	
Cheddar Cheese 158 Kcal	
Baked Beans 64 Kcal	
Tuna Mayo 250 Kcal	
Coleslaw 87 Kcal	

SANDWICHES/TOASTIES

Selection of Sandwiches & Toasties please ask at the counter for more details

SALAD BAR

£5.00

Selection of salads, please ask at the counter for more details

ADD PROTEIN

Chargrilled Chicken	£1.50
Tuna Mayo	£1.50

LUNCH MENU 12NDON - 2PM

HIT DISHES

cheese

Coleslaw 87 Kcal



£5.00

£1.50

£1.50

£7.50 Roast Pork with roast potatoes, Selection of Sandwiches & greens stuffing & cauliflower cheese Toasties please ask at the counter for more details £7.50 Nut Roast with roast potatoes, greens & stuffing with cauliflower SALAD RAR £4.30 Jacket Potato Selection of salads, please ask at the counter Served with Butter & Leaf Salad for more details 436 Kcal Served with One Filling £5.30 £6.20 Served with Two Fillings ADD PROTEIN Served with Three Fillings £7.10 Chargrilled Chicken Filling Options: Tuna Mayo Cheddar Cheese 158 Kcal Baked Beans 64 Kcal Tuna Mayo 250 Kcal

SANDWICHES/TOASTIES

LUNCH MENU Handen – 2PM

Sticky Sweet Chilli Chinese chicken strips in a Bao bun with pickled red cabbage & Vegetable Spring Roll

Sticky Sweet Chilli Tofu in a Bao bun with pickled red cabbage & Vegetable Spring Roll

Jacket Potato Served with Butter & Leaf Salad 436 Kcal

Served with One Filling

Served with Two Fillings

Served with Three Fillings

Filling Options: Cheddar Cheese 158 Kcal Baked Beans 64 Kcal Tuna Mayo 250 Kcal Coleslaw 87 Kcal

SANDWICHES/TDASTIES

Selection of Sandwiches & Toasties please ask at the counter for more details

£7.50

SALAD BAR

£5.00

Selection of salads, please ask at the counter for more details

£4.30

ADD PROTEIN

Chargrilled Chicken	£5.30 £1.50
Tuna Mayo	£6.20 £1.50
	£7.10



£7.50

LUNCH MENU 12NDON – 2PM



HOT DISHES

Battered Haddock	£7.50
Chunky Chips, Baked Beans or Mushy Peas with Tartare Sauce	
675 Kcal	
Battered Halloumi	£7.50
Chunky Chips, Baked Beans or Mushy Peas.	
540 Kcal	
Jacket Potato	£4.30
Served with Butter & Leaf Salad	
436 Kcal	
Served with One Filling	£5.30
Served with Two Fillings	£6.20
Served with Three Fillings	£7.10
Filling Options:	
Cheddar Cheese 158 Kcal	
Baked Beans 64 Kcal	
Tuna Mayo 250 Kcal	

SANDWICHES/TOASTIES

Selection of Sandwiches 8 Toasties please ask at the counter for more details	×
SALAD BAR Selection of salads, please ask at the counter for more details	£5.00
ADD protein	
Chargrilled Chicken	£1.50
Tuna Mayo	£1.50