

# WEEKLY LUNCH MENU

MONDAY – FRIDAY 12NOON – 2PM



	The Main Event – Meat Option	Veggie Option	Lighter Dishes
<b>Monday</b>	Beef Burger with Monterey Jack cheese red onion chutney served with fries & cheese sauce	Spicy Bean Burger with Monterey Jack cheese red onion chutney served with fries & cheese sauce	Homemade East Malling Sausage Roll  Jacket Potato Served with a selection of Fillings  Salad Bar
<b>Tuesday</b>	Chicken Kashmir Rogan Josh with mushroom rice naan bread poppadum & mango chutney	Sweet potato curry with mushroom rice naan bread poppadum & mango chutney	Homemade East Malling Sausage Roll  Jacket Potato Served with a selection of Fillings  Salad Bar
<b>Wednesday</b>	Roast Pork with roast potatoes, greens stuffing & cauliflower cheese	Nut Roast with roast potatoes, greens & stuffing with cauliflower cheese	Homemade East Malling Sausage Roll  Jacket Potato Served with a selection of Fillings  Salad Bar
<b>Thursday</b>	Sticky Sweet Chilli Chinese chicken strips in a Bao bun with pickled red cabbage & Vegetable Spring Roll	Sticky Sweet Chilli Tofu strips in a Bao bun with pickled red cabbage & Vegetable Spring Roll	Homemade East Malling Sausage Roll  Jacket Potato Served with a selection of Fillings  Salad Bar
<b>Friday</b>	Catch of the day chunky chips, Baked Beans or mushy peas, tartare sauce	Battered Halloumi Chunky Chips, Baked Beans or Mushy Peas, tartare sauce	Homemade East Malling Sausage Roll  Jacket Potato Served with a selection of Fillings  Salad Bar

# LUNCH MENU

12NOON – 2PM



## HOT DISHES

Beef Burger with Monterey Jack  
cheese red onion chutney served  
with fries & cheese sauce **£7.50**

884 Kcal

764 Kcal **£7.50**

Spicy Bean Burger with  
Monterey Jack cheese red  
onion chutney served with fries  
& cheese sauce

Jacket Potato **£4.30**

Served with Butter & Leaf Salad

436 Kcal

Served with One Filling **£5.30**

Served with Two Fillings **£6.20**

Served with Three Fillings **£7.10**

*Filling Options:*

*Cheddar Cheese 158 Kcal*

*Baked Beans 64 Kcal*

*Tuna Mayo 250 Kcal*

*Coleslaw 87 Kcal*

## SANDWICHES/TOASTIES

Selection of Sandwiches &  
Toasties please ask at the  
counter for more details

## SALAD BAR **£5.00**

Selection of salads,  
please ask at the counter  
for more details

## ADD PROTEIN

Chargrilled Chicken **£1.50**

Tuna Mayo **£1.50**

# LUNCH MENU

12NOON – 2PM



## HOT DISHES

Chicken Kashmir Rogan Josh with mushroom rice naan bread poppadum & mango chutney **£7.50**

**£7.50**  
Sweet potato curry with mushroom rice naan bread poppadum & mango chutney

Jacket Potato **£4.30**  
Served with Butter & Leaf Salad  
436 Kcal

Served with One Filling **£5.30**

Served with Two Fillings **£6.20**

Served with Three Fillings **£7.10**

*Filling Options:*

*Cheddar Cheese 158 Kcal*

*Baked Beans 64 Kcal*

*Tuna Mayo 250 Kcal*

*Coleslaw 87 Kcal*

## SANDWICHES/TOASTIES

Selection of Sandwiches & Toasties please ask at the counter for more details

## SALAD BAR **£5.00**

Selection of salads, please ask at the counter for more details

## ADD PROTEIN

Chargrilled Chicken **£1.50**

Tuna Mayo **£1.50**

# LUNCH MENU

12NOON – 2PM



## HOT DISHES

Roast Pork with roast potatoes,  
greens stuffing & cauliflower cheese **£7.50**

**£7.50**

Nut Roast with roast potatoes,  
greens & stuffing with cauliflower  
cheese

Jacket Potato **£4.30**

Served with Butter & Leaf Salad

436 Kcal

Served with One Filling **£5.30**

Served with Two Fillings **£6.20**

Served with Three Fillings **£7.10**

*Filling Options:*

*Cheddar Cheese 158 Kcal*

*Baked Beans 64 Kcal*

*Tuna Mayo 250 Kcal*

*Coleslaw 87 Kcal*

## SANDWICHES/TOASTIES

Selection of Sandwiches &  
Toasties please ask at the  
counter for more details

## SALAD BAR **£5.00**

Selection of salads,  
please ask at the counter  
for more details

## ADD PROTEIN

Chargrilled Chicken **£1.50**

Tuna Mayo **£1.50**

# LUNCH MENU

12NOON – 2PM  
HOT DISHES

Sticky Sweet Chilli Chinese chicken strips  
in a Bao bun with pickled red cabbage  
& Vegetable Spring Roll

Sticky Sweet Chilli Tofu in a  
Bao bun with pickled red cabbage  
& Vegetable Spring Roll

Jacket Potato  
Served with Butter & Leaf Salad  
436 Kcal

Served with One Filling

Served with Two Fillings

Served with Three Fillings

*Filling Options:*

*Cheddar Cheese 158 Kcal*

*Baked Beans 64 Kcal*

*Tuna Mayo 250 Kcal*

*Coleslaw 87 Kcal*



£7.50

## SANDWICHES/TOASTIES

Selection of Sandwiches &  
Toasties please ask at the  
counter for more details

£7.50

## SALAD BAR

£5.00

Selection of salads,  
please ask at the counter  
for more details

£4.30

## ADD PROTEIN

Chargrilled Chicken

£5.30  
£1.50

Tuna Mayo

£6.20  
£1.50

£7.10

# LUNCH MENU

12NOON – 2PM



## HOT DISHES

Battered Haddock **£7.50**

*Chunky Chips, Baked Beans or  
Mushy Peas with Tartare Sauce*

675 Kcal

Battered Halloumi **£7.50**

*Chunky Chips, Baked Beans or  
Mushy Peas.*

540 Kcal

Jacket Potato **£4.30**

Served with Butter & Leaf Salad

436 Kcal

Served with One Filling **£5.30**

Served with Two Fillings **£6.20**

Served with Three Fillings **£7.10**

*Filling Options:*

*Cheddar Cheese 158 Kcal*

*Baked Beans 64 Kcal*

*Tuna Mayo 250 Kcal*

*Coleslaw 87 Kcal*

## SANDWICHES/TOASTIES

Selection of Sandwiches &  
Toasties please ask at the  
counter for more details

**SALAD BAR** **£5.00**

Selection of salads,  
please ask at the counter  
for more details

## ADD PROTEIN

Chargrilled Chicken **£1.50**

Tuna Mayo **£1.50**