

# Week 4

## Spring Menu – Orchards Café - East Malling Research

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Motivational Mondays</u>	<u>Street Food</u>	<u>Classics</u>	<u>Curry Thursdays</u>	<u>Fish Fry-Days</u>
Soup of the Day Sweet Pea	Soup of the Day Spring Minestrone & Nut Free Pesto	Soup of the Day Potato & Parsnip	Soup of the Day Sweetcorn Chowder	Soup of the Day Thai Green Curry Greens Soup
Meat Smoked Mackerel Nicoise ~ Soft Poached Hens Egg ~ Nicoise Garnish ~ French Dressing	Meat Vietnamese Roast Pork Banh Mi Sandwich ~ Asian Vegetable Salad ~ Chilli and Paprika Fries	Meat Classic Shepherds Pie ~ Crispy Topped Mash Potato ~ Spring Greens ~ Gravy	Meat Chicken Katsu Curry ~ Coconut Jasmine Rice ~ Pickled Carrot, Cucumber & Ginger	Meat Cod Goujon Tortilla Wrap ~ Chunky Chips ~ Tartare Sauce ~ Garden or Mushy Peas
Veggie Veggie Nicoise ~ Mixed Beets ~ Soft Poached Hens Egg ~ Nicoise Garnish ~ French Dressing	Veggie Vietnamese Grilled Mushroom Banh Mi Sandwich ~ Asian Vegetable Salad ~ Chilli and Paprika Fries	Veggie Quorn "Shepherds" Pie ~ Crispy Topped Mash Potato ~ Spring Greens ~ Gravy	Veggie Smoked Tofu Katsu Curry ~ Coconut Jasmine Rice ~ Pickled Carrot, Cucumber and Ginger	Veggie Chilli, Lemon & Mango Marinated Halloumi Wrap ~ Chunky Chips ~ Coriander Mayo ~ Garden or Mushy Peas
Add - Ons Extra Egg Skin on Fries	Add-Ons Spring Rolls Prawn Crackers Chilli and Lime Chicones	Add-Ons Honey Roasted Carrots Chunky Chips	Add-Ons Steamed Gyoza Spring Rolls Shoestring Fries Prawn Crackers	Add-Ons Pickled Egg Pickled Gherkin Pickled Onion Curry Sauce Sausage in Batter
Jacket Potatoes and Fillings Plain Tuna – Tuna Mayonnaise – Baked Beans – Coleslaw – Grated Cheddar Cheese	Jacket Potatoes and Fillings Plain Tuna – Tuna Mayonnaise – Baked Beans – Coleslaw – Grated Cheddar Cheese	Jacket Potatoes and Fillings Plain Tuna – Tuna Mayonnaise – Baked Beans – Coleslaw – Grated Cheddar Cheese	Jacket Potatoes and Fillings Plain Tuna – Tuna Mayonnaise – Baked Beans – Coleslaw – Grated Cheddar Cheese	Jacket Potatoes and Fillings Plain Tuna – Tuna Mayonnaise – Baked Beans – Coleslaw – Grated Cheddar Cheese